SMALL PLATES

Hummus
Roasted chickpeas, flatbread (VG) £6.50

Buffalo fried chicken
Celery, blue cheese mayonnaise £10.50

Charred padrón peppers
Sea salt (VG) £7.00

Honey mustard sticky sausages £7.00

Crispy fried squid
Spring onion, chilli. lime, aioli £10.50

Tortilla chips
Smashed avocado, pico de gallo (VG) £7.50

Grilled Tiger prawns
Chilli, garlic, lemon, parsley, toast £13.50

Whipped feta & lemon dip
Roasted peppers, tortilla chips (V) £8.00

'Nduja & manchego croquettes
Saffron aioli £10.00

Crispy smashed potatoes
Chermoula, jalapeño cream cheese dip (V) £7.50

Build Your Own SALAD BOWL

1

CHOOSE PROTEIN
Chicken £16.00 *or* Salmon £18.00
or Halloumi £15.00

2

ADD BASE
Miso grains (VG) *or*
Charred broccoli & sweet potato (VG)

3

ADD GARNISH
Asian Style Slaw (VG) *or*
Baby spinach & cos salad (VG)

4

ADD DRESSING
(All topped with our super seed mix)
Ranch (V) | Chipotle mayo (VG) |
Chermoula | Caesar |
Lemon & olive oil (VG)

SANDWICHES

Sterling club, grilled chicken, smoked bacon,avocado, tomato, lettuce, onion, ranch dressing £14.50

Veggie club, grilled halloumi, avocado, tomato, lettuce, onion, ranch dressing (V) £13.50

Fish finger, crispy crumbed cod, gem lettuce, tartare sauce £11.00

Crispy chicken Caesar wrap, croutons, parmesan, cos,anchovy dressing £13.00

City cheese steak, seared Angus beef rib, melted cheddar, slow cooked onions, beef jus £15.50

MAINS

Bacon cheeseburger
Lettuce, pickle, onion, burger sauce, fries (VG upon request) £18.50

Grilled chicken burger
Lemon & garlic marinated chicken,
crunchy Asian slaw, tomato, chipotle mayo, fries £19.50

Goan style monkfish & tiger prawn curry
Ginger, lime, coriander, steamed jasmine rice £21.50
(VG upon request)

Panko crusted chicken schnitzel
Smacked cucumber pickle, steamed rice, katsu curry sauce £19.50

Smoked haddock & salmon fishcake
Charred broccoli, spinach, soft poached egg, lime aioli £17.00

Oxfordshire sausages
Creamed mashed potato, roasted red onion gravy £16.50

Venison chilli con carne
Lime crema, pico de gallo, tortilla chips £16.50

Seared flat iron steak
Mixed leaf salad, herb & garlic butter, fries £23.50

Spicy tomato vodka rigatoni
Stracciatella, parmesan, olive oil (V) £14.00

SIDES

Rosemary salt fries (VG) £5.00

Sweet potato fries (VG) £6.50

Broccoli, chilli,
garlic, olive oil (VG) £6.00

Mashed potato,
garlic butter, chives (V) £6.00

Green leaf salad (VG) £5.00

Truffle & parmesan
fries (V) £7.00

THE
STERLING

An optional 12.5% will be added to your bill.
If you have any allergies, please let us know
& we'll talk you through our allergen menu

THE

STERLING